Breakfast Republic

**Breakfast Republic** is a popular breakfast restaurant with seven locations across San Diego county: Carmel Valley, Encinitas, East Village, Liberty Station, North Park, Ocean Beach, and Pacific Beach, all open daily from 7 a.m. – 3 p.m. The chain recently expanded the vegan options on its menu. The updated menu includes a small vegan section that includes three options utilizing vegan egg: Soy Chorizo Vegan Bowl ($14), Jammin’ Benny ($16), and Harvest Omelet ($17). A Seasonal Fruit Plate ($6.50) is also labeled vegan in the Sides section of the menu. They also offer dairy-alternative milks for coffee, including soy and almond milk. TIP: Request vegan ketchup as the house-made ketchup available on the table contains anchovies.

**SOY CHORIZO VEGAN BOWL**: mexican rice, black beans, soy chorizo, corn, onions, cilantro, guacamole, pico de gallo, and mung bean egg substitute ($14)

**JAMMIN’ BENNY**: blackberry-jalapeño jam, italian vegan sausage, mung bean egg substitute, and vegan hollandaise, served with house potatoes ($16)

**HARVEST OMELET**: mung bean egg substitute, asparagus, avocado, spinach, onion, jalapeño, and vegan sausage, served with choice of vegan bread (rye, sourdough, or english muffin) ($17)

**SEASONAL FRUIT PLATE** ($6.50)