ALL YOU NEED IS A LITTLE LOVE...

& CHOCOLATE

Baked Double Chocolate Doughnuts

Eating is a comfort, a sort of reassurance that things are not so bad. It is a form of self-care. I take joy in watching the rolls of smudged chocolate in the air with each bite, and the soft oozy gooey goodness, lusciously dripping down onto the counter top, soothing everything in its way. The texture is the darkness you so desperately need. How together as a whole roll does it matter how much or how many there is? You just have to be careful, followed by little boy, little girl, and anyone who comes along. It is exactly how we want it to be. - ANITA L. ARAMBULA

Baking these double chocolate doughnuts cuts back on calories for a guilt-free treat.
SWEETEN UP YOUR HOLIDAY WITH THESE TWISTS ON TRADITIONAL PIE

BY SARA BUTLER

Want a fresh take on holiday traditions? From dessert pizza to apple pie mimosas, here are some unique food and drink alternatives for the fall — plus a recipe!

Perk up with a splash of pie
• For a caffeinated option, try Breakfast Republic’s Apple Pie Chai Latte, made with espresso, chai, apple cider and milk. Plus, the $7 specialty latte is topped with a dollop of whipped cream and a crisp, cinnamon sugar-dusted apple slice.

Available through Nov. 30 at all eight San Diego locations: North Park, Liberty Station, Encinitas, East Village, Ocean Beach, Carmel Valley, Pacific Beach and Mission Valley. breakfastrepublic.com

San Diego Union Tribune features Breakfast Republic

11.25.20